

TOP 10 ADOPTION QUESTIONS

Welcome to Journey's End Counseling and the office of Tammy Austin, Licensed Mental Health Counselor and Adoption Competency Certified Therapist. The following questions are designed to aid you and your spouse/partner in having an open dialogue about the adoption. Whether you are considering adoption as a single parent or as a couple, adopting a child is a personal and monumental decision. The questions are designed to explore the why and the expectations you may have for yourself and your child.

1. Why are you interested or desiring to adopt a child?
2. Do you have other children, and if so how do they feel about your adoption desires/plan?
3. How might this child fulfill or enrich your life?
4. How might you fulfill or enrich the child's life?
5. What might be an ideal moment with your child?
6. What problems or behaviors of the child are most likely to most likely to move you out of your comfort zone?
7. What problems or behaviors would be deal breakers?
8. What four words best describe your parenting philosophy or plan?
9. Do you have a care or support team and/or would you be willing to parenting alone?
10. Growing up when you were in distress (hurt, sad) did you seek a parent/caregiver or did the parent/caregiver seek to comfort you when they noticed you were in distress?

For more information or to schedule a 10 minute consultation call: 321-972-1875 or email Tammy@journeysendcounseling.com

