

Journeys End Counseling
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Concierge Therapy Plus Concierge Program for Florida Residents

I am pleased to offer this concierge subscription program for individuals to identify and create the services and add-ons that work best for them. Therapy is a deeply personal and private endeavor to aid individuals in working through difficult situations, life challenges, and nagging issues affecting self-esteem, confidence, and life satisfaction.

Tiered Subscription Options Offering multiple tiers gives you the flexibility to choose a plan that fits your needs and budget.

Bronze Plan: Cost: \$115.00 per month Features: One 50-minute check-in session per month. Ideal for: Individuals who need occasional check-ins for maintenance of goals and growth.

Silver Plan: Cost: \$140.00 per session. Session frequency: 2–60-minute sessions per month \$280.00 per month. Ideal for persons transitioning from weekly therapy to a bi-monthly goals and growth plan.

Gold Plan: Cost: \$560.00 Session Frequency: 4-65 minute sessions per month. Features: Includes 5 email messaging supports per month (HIPAA-compliant), access to private, Skool Community the Therapy Unchained Lounge and a 10% discount code for eligible digital products or services. Ideal for weekly and targeted sessions for more indepth work.

Couples Intensive Sessions: Cost: \$450.00 for a 3-hour session Details: This intensive therapy session is designed for couples who are struggling with communication issues, emotional disconnect, unresolved conflicts, or relationship roadblocks. The extended format allows for deeper exploration of key concerns and immediate implementation of strategies to foster connection and healing. Couples will receive targeted interventions tailored to their specific relationship needs, practical exercises, and guided discussions to build understanding and resolve lingering issues.

Benefits:

- Provides dedicated time to address deep-seated relationship concerns without the constraints of shorter sessions.
- Helps couples establish healthier communication patterns and conflict resolution strategies.

- Facilitates emotional reconnection and intimacy in a supportive environment.
- Equips couples with actionable tools to sustain long-term relationship growth and resilience.

Sessions are held virtually.

Blogs, podcasts and related worksheets and resources on mental health topics like anxiety, depression, coping skills, or self-care will be available. Digital products or courses will also be available at a special rate.

Client Portal and Resources: As a Subscriber you can access all of your therapy-related information through a secure client portal. You will also have access to Tammy Austin's scheduling calendar with a link and can schedule your appointments up to 3 months in advance. Additionally, you can:

- Schedule and reschedule sessions.
- View progress trackers.
- Download self-help resources or complete homework assigned by the therapist.
- Message the therapist directly for non-urgent concerns.

Subscription Perks:

- Discounts on future sessions for those who stay subscribed for 6 months or more.
- Referral Rewards: 10% discounts or free sessions when you refer new clients.
- Annual Plans: Offer a discounted rate if patients sign up for a year-long subscription upfront.

Cancellation and Pause Policy: Patients have the flexibility to pause or cancel their subscription easily if needed, by notifying Tammy Austin via email one week prior to the next scheduled appointment. Patients can easily restart the subscription by notifying Tammy Austin by email.

Let's Get to Work: All sessions will be regularly evaluated with the client for therapeutic effectiveness and treatment efficacy. Subscription plan payments are deducted from your payment source on the 5th of each month for the selected fee, and participants will receive links to schedule their appointments each month. A 10% discount is available for plans paid quarterly.

With all tiers patients can request an insurance ready Super Bill and insurance companies can request a copy of the records at their discretion.

I am so excited you are here!

Concierge Therapy Plan: Cost:

www.journeysendcounseling.com

- Monthly check-in session: \$115.00
- 2 sessions per month: \$280.00
- 4 sessions per month: \$560.00

Plan Choice: Bronze __ **Silver** _____ **Gold** _____

Couples Intensive _____

Name:

DOB:

Email:

You will receive an email from my patient portal at Therapy Notes to create your profile and a link to schedule your sessions.

Journeys End Counseling



Transformative, Restorative, Healing

